

## Inner Development Goals

Stories of Collective Leadership in Action, Volume 2: From "We" to "Systems Change"

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This book offers a transformative journey through a curated collection of inner development stories, academic insights, case studies, and artistic expressions from the Inner Development Goals (IDGs) Movement. Each chapter, ranging between 5,000 and 8,000 words, not only connects to specific tools and research from the IDG toolkit, but also maintains a strong connection with the overall philosophy, framework, and goals of the IDG Movement as a whole. Its aim is to deepen the readers' understanding of the IDGs Framework, evoke emotional resonance and hope, and inspire reflection and actionable change. The book is organised in 2 volumes comprising 37 chapters authored by 64 contributors. Additionally, each section begins with visual art and poetry from 6 artists, designed to engage readers on a deeper emotional level and broaden their perspectives before they dive into the main content. Volume 1: "From "I" to "We"" explores the personal journeys and transformations that lead to collective action and impact. - Section 1: Being Nature - Section 2: Interbeing - Section 3: Ancient Wisdom  
Volume 2: "From "We" to "Systems Change"" explores the broader societal shifts and systemic changes facilitated by collective leadership initiatives towards sustainability. - Section 1: Education - Section 2: Interventions in Organizations - Section 3: System Change - Section 4: The IDG Movement

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