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Spirituality, Mental Health, and Social Support

A Community Approach

This book brings together studies on how congregations have resources which can promote health with a focus on accompanying people with depression as well as how congregations can be sensitized to mental health and the needs of persons living with mental disorders. In this collaboration, a close connection between research-studies was combined with a congregation-based implementation. In addition, a selection of surveys provide deep insights into the interaction between pastoral care, medical health care projects and spiritual care as a new discipline.

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